



Cosmetic and Reconstructive
Surgery of the Eyelids,
Orbit and Lacrimal System

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Before Surgery Instructions

It is important to remember: **DO NOT TAKE ASPIRIN OR BLOOD THINNING MEDICATIONS FOR THIRTY (30) DAYS PRIOR TO SURGERY** - This includes Ibuprofen, Advil and Motrin. If you are on Coumadin, Plavix or other prescription blood thinners, be sure to discuss this with Dr. Pelton and your regular doctor to know if and when you are to discontinue the medication. Please bring all of the medications that you are currently taking with you (in their original containers) when you come for surgery.

ON THE DAY OF SURGERY:

1. Do not eat or drink anything after **midnight the night before surgery or 8 hours before an afternoon surgery**. This includes breath mints, chewing gum, etc.
2. If you are taking blood pressure medication or heart medication, please take these on the morning of your surgery with a small sip of water. Please remember to bring all of your medication with you to the surgical center.
3. Do not wear any makeup.
4. Leave all of your jewelry and valuables at home.
5. Wear loose and comfortable clothing. Short sleeves are preferable.
6. You will be unable to drive after the surgery because of the sedation medication. **Please arrange to have someone drive you home. You will NOT be allowed to drive yourself home or go home in a taxi cab.**

Although we make every attempt to start your case at its scheduled time, please remember that surgical times are only estimates and are sometimes unpredictable. Please bring something with you to occupy your time in case your procedure does not start at the scheduled time. Your understanding and cooperation are appreciated.

Please feel free to contact the office at any time at 329-0040 if you have any questions or concerns.